

Supplemental online content for:

Randomized Trial of a Palliative Care Intervention to Improve End-of-Life Care Discussions in Patients With Metastatic Breast Cancer

Joseph A. Greer, PhD; Beverly Moy, MD; Areej El-Jawahri, MD; Vicki A. Jackson, MD, MPH; Mihir Kamdar, MD; Juliet Jacobsen, MD; Charlotta Lindvall, MD, PhD; Jennifer A. Shin, MD, MPH; Simone Rinaldi, APN; Heather A. Carlson, APN; Angela Sousa, APN; Emily R. Gallagher, RN; Zhigang Li, PhD; Samantha Moran, BSN, RN; Magaret Ruddy, BA; Maya V. Anand, BA; Julia E. Carp, BS; and Jennifer S. Temel, MD

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eAppendix 1: Intervention Topics for the 5 Structured Palliative Care Visits

eAppendix 2: Proportion of Patients by Eligibility Criteria Indicating Poor Prognosis

eAppendix 1. Intervention Topics for the 5 Structured Palliative Care Visits

- Visit 1
 - Rapport building: introducing palliative care, understanding the patient and caregiver experience, and building trust with the patient and caregiver
- Visits 2–3
 - Symptom management: preparing patients for symptoms, assessing and treating symptoms, including referrals to other clinicians, and coordinating management with oncology
 - Illness understanding: exploring goals and values, assessing and informing patient expectations of prognosis and illness process, and communicating with caregivers about illness understanding
 - Coping: reviewing and validating prior coping efforts, discussing and advocating for different methods of coping, and supporting caregiver coping
- Visits 4–5
 - Treatment decision-making: assessing patient goals and values in treatment decision making, discussing treatment considerations, and supporting treatment decisions
 - End of life (EoL) and advance care planning: discuss EoL care options, advance care planning, and supporting caregivers

eAppendix 2. Proportion of Patients by Eligibility Criteria Indicating Poor Prognosis

- Leptomeningeal disease, n=3 (2.5%)
- Progressive brain metastasis after initial radiation therapy, n=7 (5.8%)
- Brain metastases and starting whole-brain radiation, n=3 (2.5%)
- Discharged after an unplanned hospital admission, n=38 (31.7%)
- Triple-negative disease and starting second-line chemotherapy, n=8 (6.7%)
- Received at least 3 different treatment regimens in a 12-month period, n=32 (26.7%)
- HER2-positive or estrogen receptor-positive disease and starting third-line therapy, n=4 (3.3%)
- Beginning a treatment clinical trial, n=25 (20.8%)