Supplemental online content for:

Psychological Symptoms Among Patients With BCR-ABL–Negative Myeloproliferative Neoplasms

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• **eAppendix 1**: Participant Comment Table
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<table>
<thead>
<tr>
<th>Comments That Indicate Coping</th>
<th>Comments That Indicate Symptom Burden</th>
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<tbody>
<tr>
<td>2. “So far I have tolerated the medicines.”</td>
<td>2. “Hard to do things I am used to doing.”</td>
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<td>3. “Living each day like it is a gift.”</td>
<td>3. “It’s like a guillotine suspended over my head 24/7.”</td>
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<td>4. “I do the best I can and enjoy my good days.”</td>
<td>4. “When I experience a new pain or symptom, it’s automatically MF progressing. Takes the joy out of life to have such a rare orphan disease; no cure, terminal. The ending will be horrible. I feel freaky compared to normal people and no one understands. This sets me apart.”</td>
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<td>5. “I see things more positively.”</td>
<td>5. “Hope would be nice. I worry for my grown children. I do not want to be a burden but I want attention, caring.”</td>
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<td>6. “I take it with stride.”</td>
<td>6. “I had quite a happy life before MF; it has poisoned every aspect; no joy, no ability to look hopefully into the future, negative body image (ie, spleen), no starting new projects, no more giving dinner parties; fatigue, fatigue, fatigue.”</td>
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<td>7. “I have been coping fine and have few problems; I hope it stays that way.”</td>
<td>7. “I worry that if something happened to my kids, I couldn’t give them blood or potentially anything else they might need. I worry when I travel about clots.”</td>
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<td>8. “I see a mental health professional.”</td>
<td>8. “I don’t know.”</td>
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<td>9. “I am quite grateful that my disease is controlled with medication but the cost of the medication can be high. I try to keep myself active, but I am the sole caregiver of a family who depends on me. I eat healthy and get exercise and social interaction.”</td>
<td>9. “It’s hard to be positive when your body is going in different directions.”</td>
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<td>10. “I try the best I can.”</td>
<td>10. “It’s been stressful just trying to focus on dealing with it. It is overwhelming.”</td>
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<td>11. “In general, I am coping well while my symptoms are minimal.”</td>
<td>11. “The most prominent side effect is fatigue and maybe slight depression, but I’m not sure if that is the ET or life circumstances.”</td>
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<td>12. “My mother had PV, was sick for many years, and died of leukemia. That has been a source of worry for me; I’ve always felt that I would die at an early age. But for the most part, I try not to be fearful and I appreciate being healthy and well.”</td>
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<td>14. “I am fortunate that my myelofibrosis has been stable for 2 years.”</td>
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<td>15. “I feel fit and healthy and my condition does not impact my emotional well-being.”</td>
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</table>

Participants were invited to leave comments about how the myeloproliferative neoplasm had affected their lives. Comments could be interpreted as fitting into those that indicate coping function and those that indicate symptom burden. Abbreviations: ET, essential thrombocytosis; MF, myelofibrosis; PV, polycythemia vera.